

Shopping List: 3/13-3/19/17

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Dairy:

- * (1) dozen eggs
- * (1) stick of butter
- * heavy cream
- * unsweetened almond milk
- * 24 oz. 2% cottage cheese
- * 1 c. cheddar cheese
- * sour cream
- * (2) Vanilla Dannon 000 yogurt
- * 3 c. mozzarella cheese
- * Parmesan cheese
- * (1) cheese stick

Meat:

- * 3 lbs. boneless, skinless chicken breasts
- * 6 lbs ground beef
- * 1 1/2 lb smoked sausage
- * 6 oz bacon
- * pepperoni

Frozen:

- * strawberries

Produce:

- * (3) apples
- * (3) pack Romaine lettuce
- * (6) onions
- * (3) green bell peppers
- * garlic
- * (2) heads green cabbage
- * green onions
- * 1 lb strawberries
- * (4) red bell peppers
- * (1) leek

Canned/Jarred:

- * (1) 10.5 oz Rotel
- * 64 oz. diced tomatoes
- * (2) 8 oz. tomato sauce
- * 1 c. chicken broth
- * pizza sauce
- * salsa
- * 2 quarts beef broth

Dry Grocery:

- * steel cut oats
- * cinnamon
- * sweetener
- * balsamic vinegar
- * Dijon mustard
- * extra virgin olive oil
- * apple cider vinegar
- * sparkling water
- * peanut butter
- * peanuts
- * caramel extract
- * 1 c. brown rice
- * chili powder
- * cumin
- * Italian seasoning
- * Sweet & Spicy tea
- * coconut oil
- * cocoa powder
- * protein powder, optional
- * taco seasoning
- * onion powder
- * garlic powder
- * cayenne pepper
- * Dr. Zevia
- * almonds